

CERTIFICATE OF PARTICIPATION

This is to certify that

**Adriaan Van Der
Sandt**

Has successfully participated & completed the

Cross Duathlon - Standard (Team) Cowhouse Cross Duathlon

held at Hazeldean Valley Trails.

TIME 03:01:01

PACE 13.59km/h

GENDER 3 of 3

OVERALL 3 of 3

35 - 39 1 of 1

14 April 2024, Sun

Date



BoutTime

Signature

